

## 3. Making dreams come true

### Australian blueprint for career development

Career Management Competency											
1	2	3	4	5	6	7	8	9	10	11	12

### Learning intention

Students will be able to identify their personal attributes and understand the connections between their attributes and their successes or achievements.

### Success criteria

Students can describe 3 personal attributes that may help them achieve a dream they hold.

### Resources

YouTube video: [Anh's Brush with Fame: Michelle Payne](#) (23 minutes)

### Classroom organisation

- Whole class
- Small groups

### Preparation

- Please consider that this video contains sensitive content:
  - Michelle Payne lost her mum in a car accident as a child, leaving her father a single parent with 10 children. She also lost a sister in a racing accident. She speaks of these losses in this episode.
  - She speaks of the pressure and stress to be the required weight for races.
- Students should have completed Year 8 Lesson 2.
- Access to whole class viewing to watch the video.
- Sheet of paper for recording thoughts.

## Activity 1

- Revise the term **attributes**. Ask students to refer to the definition they wrote down in Lesson 2.
- Discuss the notion that attributes are not obvious. Attributes can be identified through actions and behaviours. Encourage students to think of attributes as a collective rather than singular. For example, you can be bold and funny, courageous and creative.
- Introduce students to each of the attributes listed below. Check for general understanding.

<b>persistent</b>	<b>driven</b>	<b>courageous</b>	<b>compassionate</b>
<b>generous</b>	<b>outgoing</b>	<b>likeable</b>	<b>sincere</b>
<b>determined</b>	<b>original</b>	<b>motivated</b>	<b>cooperative</b>

- Explain that they are going to watch an episode of *Anh's Brush with Fame* where he interviews and paints Michelle Payne. She created history by becoming the first female jockey to win the Melbourne Cup. Anh is a painter, and he likes to engage with the people he is painting to learn more about their personality and their characteristics.
- Pair students before watching the clip. Ask students to pay particular attention to the attributes Michelle Payne displays.
- Watch [Anh's Brush with Fame](#) with Michelle Payne.
- Each pair discusses and identifies 5 attributes they believe that Michelle Payne displayed.

## Activity 2

- Each pair shares and responses are recorded on the board in tally form. The class looks for commonalities.
- Students are asked to reflect on their list of 5 attributes, negotiate as a pair, and identify the 3 they believe had the **most impact** on Michelle Payne's success at becoming a Melbourne Cup winner. Pairs should be prepared to justify their choices.
- Pairs again respond with top 3 attributes and teacher records.
- Identify the top 3 as decided by the class.

## Reflection

In the video Michelle says she had a dream when she was 5 that she wanted to win the Melbourne Cup. Students identify a dream they hold for their future and record which attributes discussed in this lesson they believe may help them to be successful in achieving it.