

Career learning lessons mapped to the Australian Blueprint for Career Development (ABCD)

Learning Area	Career Management Competency	
A Personal management	1	Build and maintain a positive self-concept
	2	Interact positively and effectively with others
	3	Change and grow throughout life
	4	Manage wellbeing, mental and physical health
B Learning and work exploration	5	Participate in lifelong learning supportive of career goals
	6	Locate and use career information effectively
	7	Understand the relationship between work, society and the economy
	8	Understand the changing nature of life and work roles
C Career building	9	Secure/create and maintain work
	10	Make career-enhancing decisions
	11	Maintain balanced life and work roles
	12	Understand, engage in and manage the career building process

Year 7	Career Management Competency											
	1	2	3	4	5	6	7	8	9	10	11	12
1. Emotions and positive thinking	●			●	●							
2. Characteristics	●			●					●			
3. Interests		●								●		●
4. Values	●		●									
5. Exploring occupations						●				●		●
6. My support crew	●	●		●								
7. Goal setting										●		●

Year 8	Career Management Competency											
	1	2	3	4	5	6	7	8	9	10	11	12
1. Making links	●					●						
2. Identifying personal attributes	●			●	●				●			
3. Making dreams come true	●				●				●			
4. Adventures of you	●									●		
5. Dream job: career aspirations					●				●			●
6. Dream job: career exploration	●				●	●			●			●
7. Goal setting										●	●	

Year 9	Career Management Competency											
	1	2	3	4	5	6	7	8	9	10	11	12
1. Technical and personal skills	●	●					●					●
2. High 5 messages			●		●					●		●
3. Exploring apprenticeships						●	●			●		
4. Literacy and numeracy skills						●	●			●		
5. About me	●				●							
6. Planning a pathway						●		●		●		●
7. USI and Tax file numbers						●				●		

Year 10	Career Management Competency											
	1	2	3	4	5	6	7	8	9	10	11	12
1. Are you ready for work			●			●	●		●			
2. Addressing selection criteria		●				●			●			
3. Resume					●	●			●			
4. Cover letter		●				●			●			
5. USI and Tax file numbers						●				●		
6. SmartMove Certificate 1				●		●						●
7. SmartMove Certificate 2				●		●				●		●
8. STAR framework		●				●			●			●
9. myfuture personal profile 1						●			●			●
10. myfuture personal profile 2						●			●			●

Year 11	Career Management Competency											
	1	2	3	4	5	6	7	8	9	10	11	12
1. High 5 messages			●		●							●
2. Making difficult decisions				●		●				●		
3. Self-awareness			●				●			●		
4. Patterns and order	●				●					●		
5. Change and chance			●		●							●
6. Work capabilities			●		●					●		●
7. Labour market information						●				●		
8. Industry changes						●	●					●

Year 12	Career Management Competency											
	1	2	3	4	5	6	7	8	9	10	11	12
1. Career support after school			●	●		●						●
2. TISC Presentation						●				●		●
3. Year 12 Information Handbook					●	●				●		●
4. Your digital footprint	●									●		●
5. Work in the 21 st Century			●				●	●				●
6. Self-marketing	●		●			●						●
7. Labour market information	●		●				●					
8. Life after Year 12					●	●				●		●