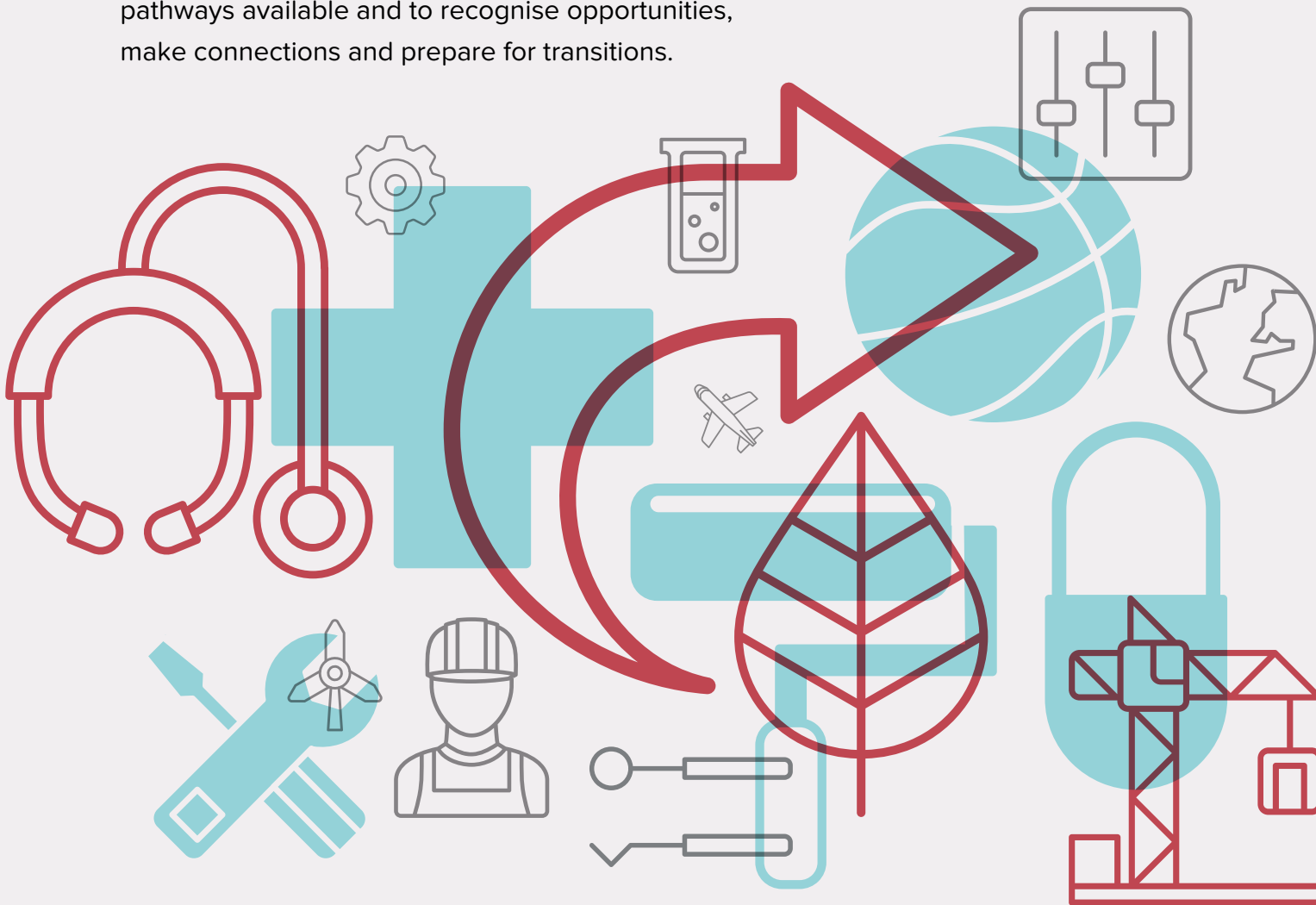


Pathway planning

Reflect

Pathway planning helps you explore, reflect, identify and evaluate the learning and work pathways available and to recognise opportunities, make connections and prepare for transitions.



Name

Start date

Other names I have. Family, nicknames or social media.

My life right now

Instructions

Reflect on your life right now. Using the prompts below, provide responses in the 'Now' box (e.g. playing netball for health) and 'Developing' box (e.g. join a school group to get involved).

Identity and/or culture

- What is your understanding of your identity and/or culture?
- How are you connected to your culture?
- In what way do you feel your culture and/or identity is respected and valued?

Family and friends

Consider your relationships with family, friends and members of your community.

- How do you maintain positive relationships with others?

Health

Think about your physical health.

- How healthy do you feel?
- What exercise do you undertake?
- How healthy is your diet?

Learning

You learn through a variety of experiences within the classroom, the home and community.

- Are your individual learning needs being met?
- Think about your overall experience of school.
- Consider your academic achievement/grades/subjects. How do you think you are going?


Getting involved

- How are you involved in your school community?
- What involvement do you have in the community outside of school?
- How are you connecting with peers and groups through activities, face-to-face or online?
- What opportunities do you have to lead?
- How might you contribute to society?



Identity and/or culture 	
Now	
Developing	

Family 	
Now	
Developing	

Friends 	
Now	
Developing	

Self



Health 	
Now	
Developing	

Learning 	
Now	
Developing	

Getting involved 	
Now	
Developing	

About me

Activity

Try the myfuture quiz, which provides resources to explore career pathways and tools to develop self-knowledge to help with career decision-making.

myfuture.edu.au

Personal style



List your personal characteristics that help you succeed.

Values



Values are things that you consider to be important. They help you make decisions. What do you value? List these.

Jobs I may like



List some jobs that interest you now.

Skills



Skills are things you have learnt. List some things you either do well or enjoy.

Interests

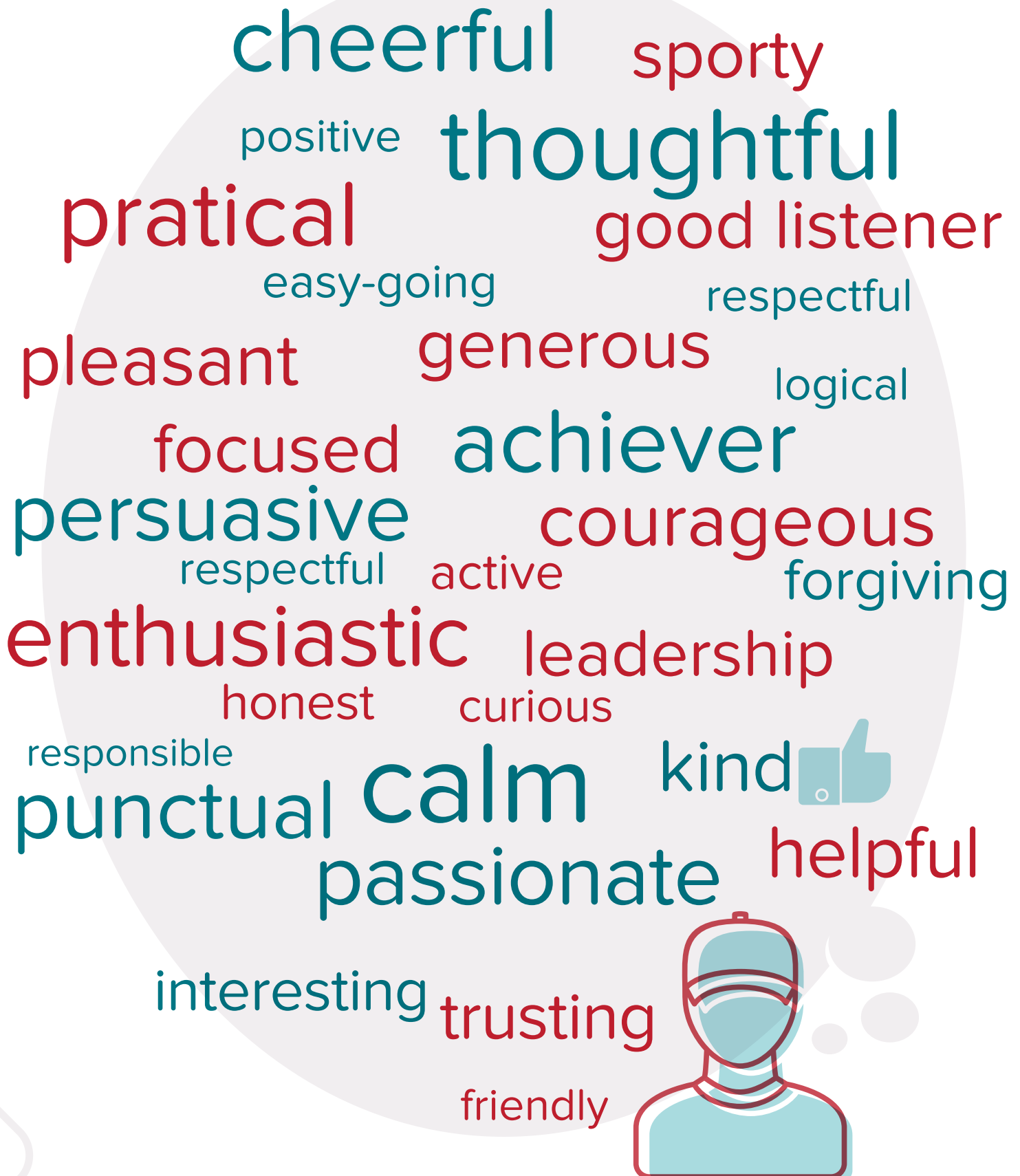


You may have many interests. List some things you enjoy doing.

Personal characteristics

Choose some words in the cloud that best describe you and write them in the boxes on the left.

Are there others? Ask a friend, teacher, parent or someone you trust to describe you in a few words and add these in as well.



My relationships and my network

Groups of people influence how you think and behave. Consider the groups you belong to. Place the names in the boxes below and answer these questions. How are you influenced by your groups? What do you learn from them? How much do they influence you?

My groups

Group 1 name:

Group 2 name:

Group 3 name:

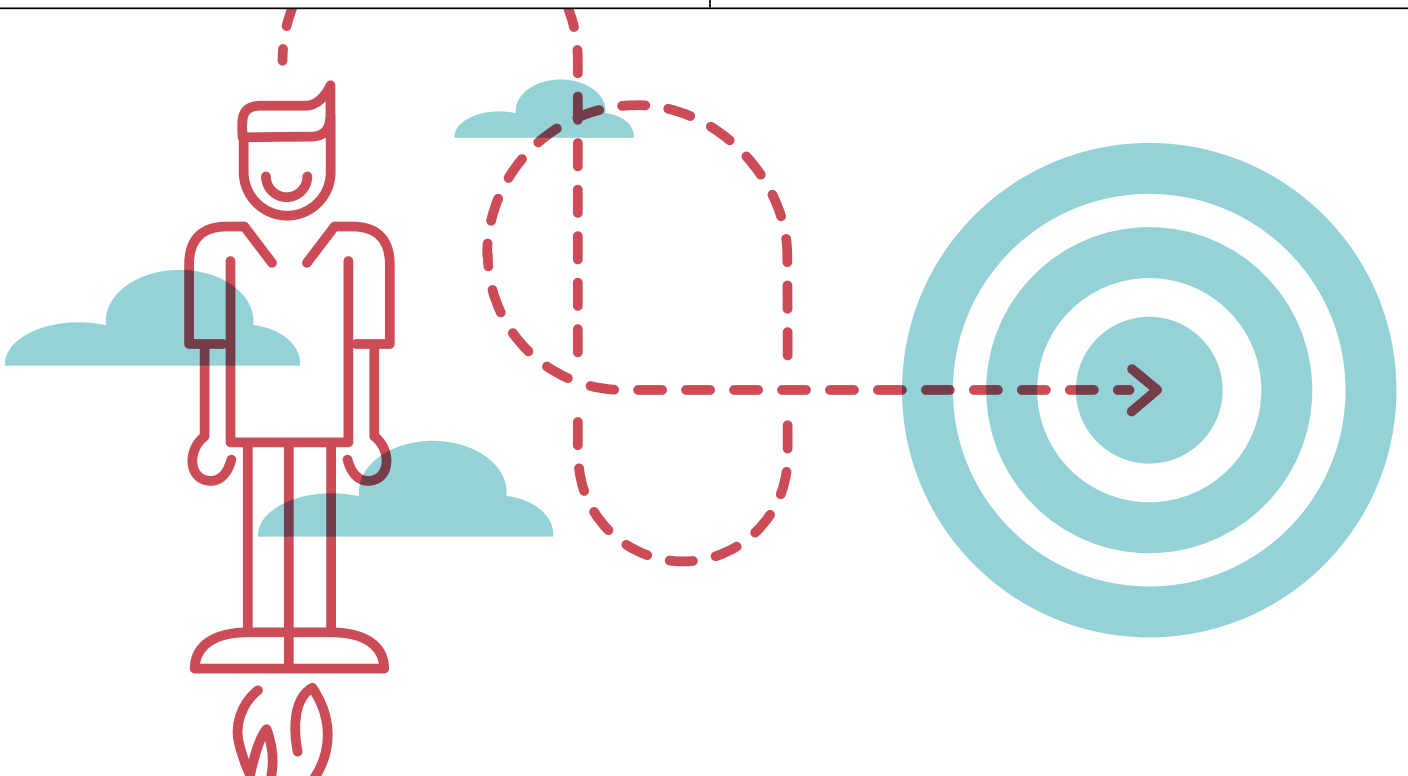
Group 4 name:

Group 5 name:

Achievements and challenges

List your recent achievements and challenges in school and life. Consider how they made you feel.

Achievements	
Recent achievements (school/life)	How did these make you feel?
Challenges (school/life)	How did these make you feel?



Curriculum areas

Consider these areas of learning.

Indicate your level of interest in these areas in the tables below.

Really interested – **1**

Maybe – **2**

Not interested – **3**

Mathematics	
Measurement and geometry	
Number and algebra	
Statistics and probability	

Science	
Biology	
Chemistry	
Earth and space	
Physical science	
Scientific inquiry	

Humanities and Social Sciences	
History	
Geography	
Civics and citizenship	
Economics and business	

Arts	
Dance	
Drama	
Media arts	
Music	
Visual arts	

Health and Physical Education	
Movement and physical activity	
Personal, social and community health	

Technologies	
Design and technologies	
Digital technologies	

Languages	
Aboriginal languages	
Asian languages	
Auslan	
European languages	
Other language	

English	
Reading and viewing	
Speaking and listening	
Writing and creating	



Academic review

Use your school reports, achievement data and other feedback comments to assist you in your reflection.

My latest NAPLAN results	Proficiency level
Reading proficiency band	
Writing proficiency band	
Numeracy proficiency band	

Semester 1

Subjects I am studying this semester	Last year's achievement	My attitude	Predict your end of semester result
English		😊 😐 😞	
Mathematics		😊 😐 😞	
Science		😊 😐 😞	
Humanities and Social Science		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	

Semester 2

Subjects I am studying this semester	Last semester's achievement	My attitude	Predict your end of semester result
English		😊 😐 😞	
Mathematics		😊 😐 😞	
Science		😊 😐 😞	
Humanities and Social Science		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	

Subjects I am best at...

--

I am doing well at this because...
e.g. content, teacher, challenge,
style of class, future connection...

--

Subjects I enjoy the most...

--

Because...

--

Subjects that challenge me the most...

--

Because...

--

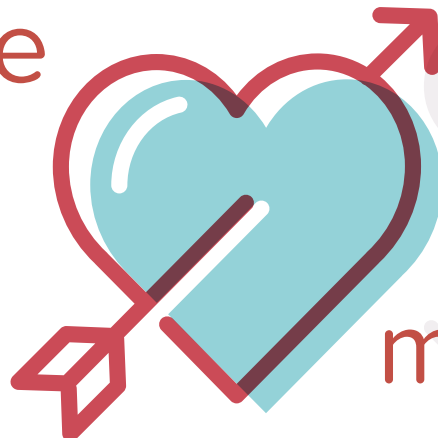
What activities do you enjoy outside of school?


--

What is the connection between your school results and activities you enjoy?

--

me



maths

Goal setting and action planning

It is important to set goals and have an action plan to help you achieve them. You are encouraged to set one learning and one personal goal.



Specific

Define your goals in detail. Answer 'W' questions such as who, where, when, what and which.



Measurable

You can measure your goal and know when you've achieved it. Ask yourself 'how much' and 'how many' questions.



Achievable

It means that you are setting goals you can accomplish.



Relevant

It means your goal makes sense, it is worth your effort, it benefits you and meets your needs.



Time-bound

It means there is a timeframe for your goal. Answer 'when?' questions such as 'in one week' and 'every week'.



Acknowledgements:


Taken and adapted from <https://veryspecialtales.com/smart-goals-worksheets-examples-kids/>

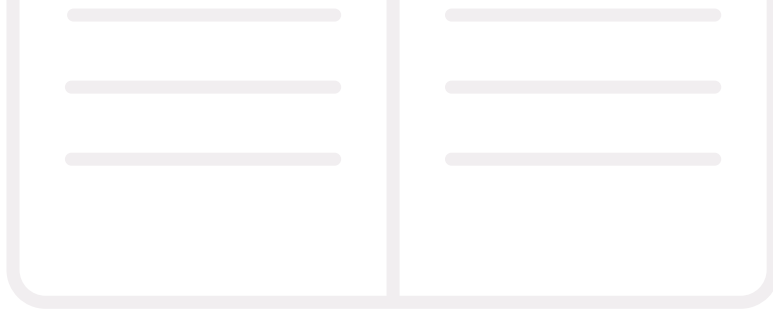
Goal setting and action planning

Learning goal (SMART)
How will I achieve this?
Who can help me?
How?
What may stop me?
Action/resolution


Personal goal (SMART)
How will I achieve this?
Who can help me?
How?
What may stop me?
Action/resolution

My story now

 Consider how you see yourself now. Use notes and/or images to tell your story.



My story in ten years

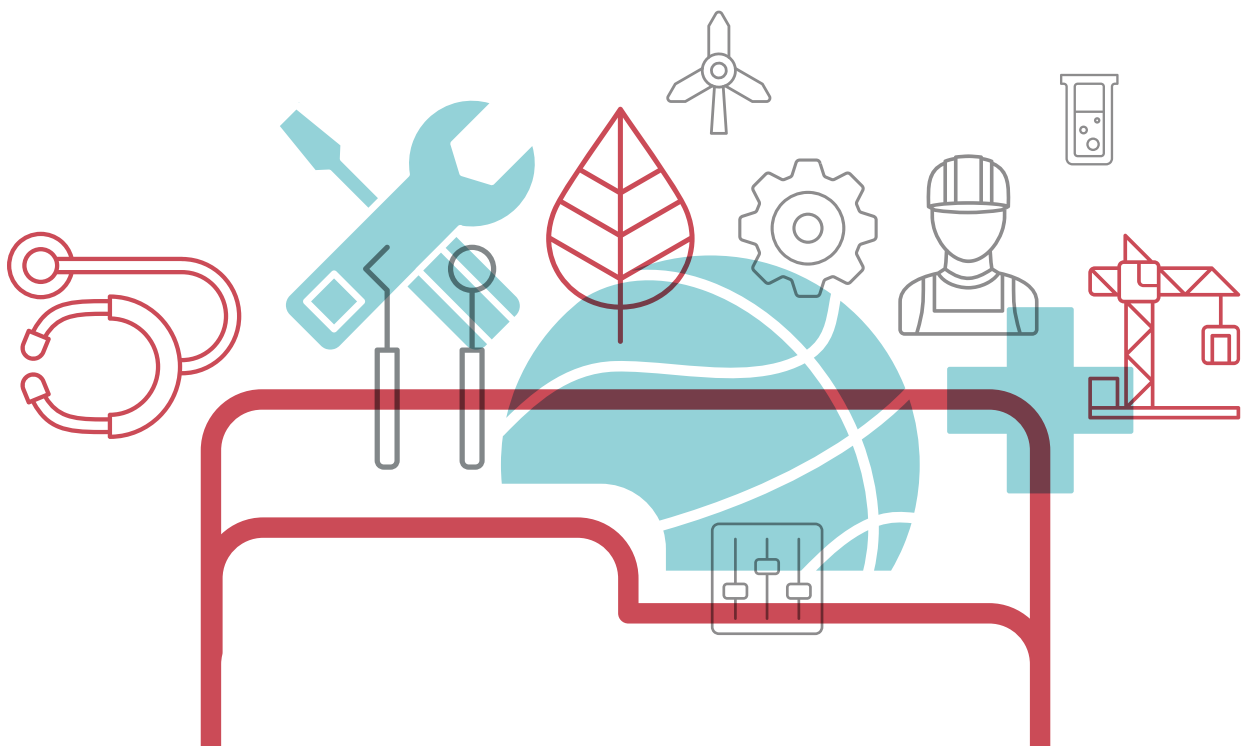
 Consider how and where you see yourself in the future. Use notes and/or images to tell your story.



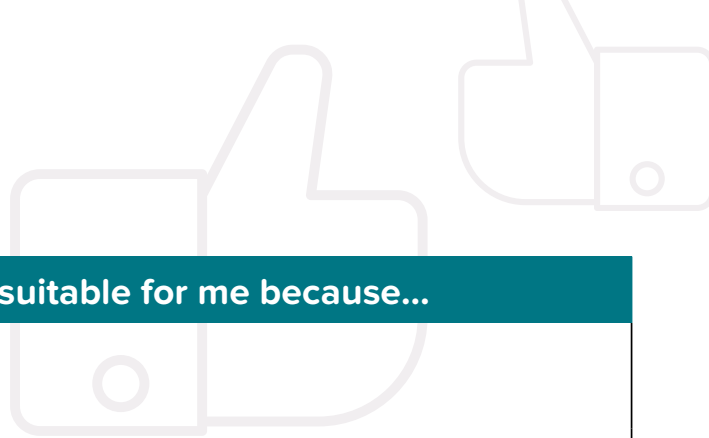
My career portfolio

A career portfolio is a personal collection of materials that document learning, activities and achievements over a lifetime. A well-maintained career portfolio makes it easy to identify, and demonstrate relevant work capabilities, knowledge and experiences. It can be a collection of hard copy documents, though it is a good idea to develop a digital or e-portfolio which can include a wider range of evidence such as audio, video, images, graphics and documents.

My portfolio	Completed Yes/No	Need to follow up
Pathway plan		
School reports		
Career quizzes and activities		
Achievements – certificates, awards, photos, newsletters		
Examples of best work		
Voluntary community activities – photos or records		
Formal training (e.g. white card, RSA, first aid, coaching certificates)		
Other		



Affirmations



I believe that this pathway plan is realistic and suitable for me because...

--

Parent/carer suggestions and encouragement for my plan

--

Signature:

Date:

Helpful suggestions from teachers, career practitioners or other school staff

--

Signature:

Date:

Help and review

If I cannot follow my set path or change my mind about career plans, I can seek help to get back on track.

The people I should talk to are:

--

Student signature: _____

Date: _____

