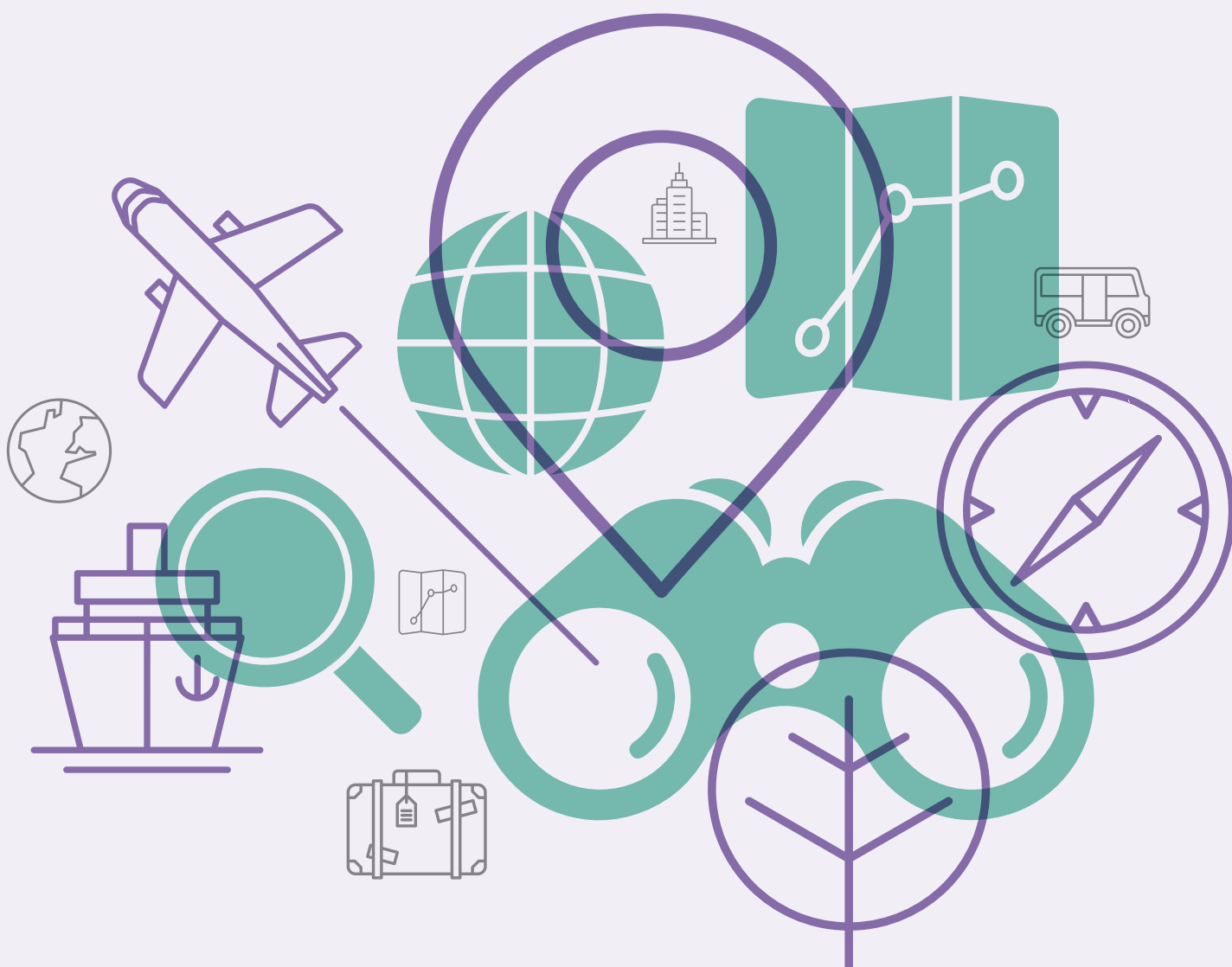


Pathway planning

Year 8

Pathway planning provides the opportunity for you to investigate personal interests, skills, influences and abilities and to make connections to future learning, work and life.



Name

Start date

Other names I have. Family, nicknames or social media.

My life right now

Instructions

Reflect on your life right now. Using the prompts below, provide responses in the 'Now' box (e.g. playing netball for health) and 'Developing' box (e.g. join a school group to get involved).



Identity and/or culture

- What is your understanding of your identity and/or culture?
- How are you connected to your culture?
- In what way do you feel your culture and/or identity is respected and valued?



Family and friends

Consider your relationships with family, friends and members of your community.

- How do you maintain positive relationships with others?



Health

Think about your physical health.

- How healthy do you feel?
- What exercise do you undertake?
- How healthy is your diet?



Learning

You learn through a variety of experiences within the classroom, the home and community.

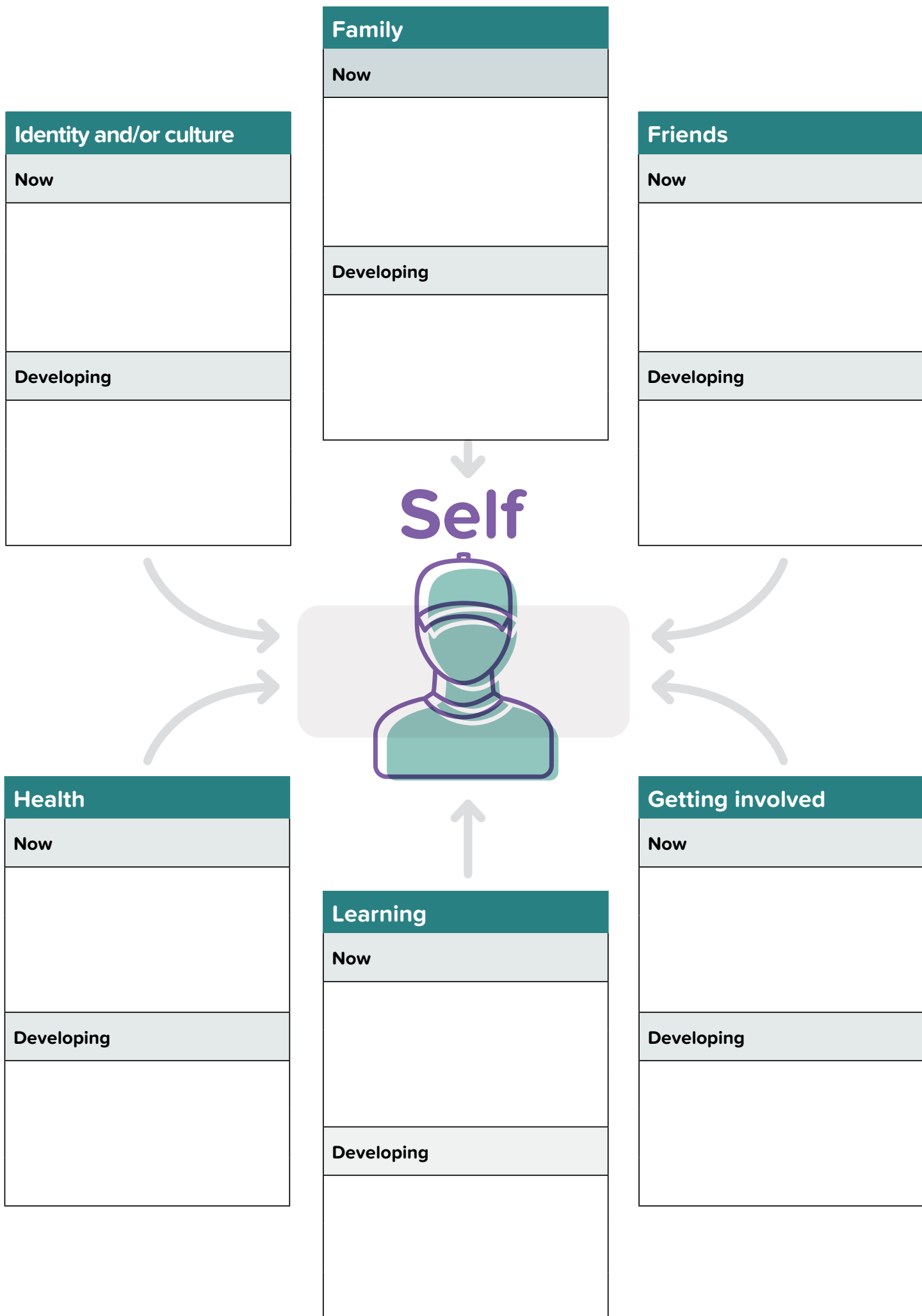
- Are your individual learning needs being met?
- Think about your overall experience of school.
- Consider your academic achievement/grades/subjects. How do you think you are going?



Getting involved

- How are you involved in your school community?
- What involvement do you have in the community outside of school?
- How are you connecting with peers and groups through activities, face-to-face or online?
- What opportunities do you have to lead?
- How might you contribute to society?





My values

Values are things that you consider to be important. Your values explain a lot about who you are and why you make the decisions you do. Highlight the values which are the most important to you.



Personal attributes

Personal attributes are personality traits that can distinguish you from other people. Understanding your personal traits can help you identify and highlight your strengths.

Choose words that best describe you. (Tick the box.) Transfer some of these to your resume.							
practical	<input type="checkbox"/>	good listener	<input type="checkbox"/>	sporty	<input type="checkbox"/>	patient	<input type="checkbox"/>
easy-going	<input type="checkbox"/>	thoughtful	<input type="checkbox"/>	positive	<input type="checkbox"/>	understanding	<input type="checkbox"/>
generous	<input type="checkbox"/>	pleasant	<input type="checkbox"/>	helpful	<input type="checkbox"/>	enterprising	<input type="checkbox"/>
forgiving	<input type="checkbox"/>	helpful	<input type="checkbox"/>	cheerful	<input type="checkbox"/>	quirky	<input type="checkbox"/>
courageous	<input type="checkbox"/>	curious	<input type="checkbox"/>	mediator	<input type="checkbox"/>	sense of humour	<input type="checkbox"/>
persuasive	<input type="checkbox"/>	active	<input type="checkbox"/>	trustworthy	<input type="checkbox"/>	motivating	<input type="checkbox"/>
focused	<input type="checkbox"/>	logical	<input type="checkbox"/>	sensitive	<input type="checkbox"/>	independent	<input type="checkbox"/>
achiever	<input type="checkbox"/>	quick	<input type="checkbox"/>	competitive	<input type="checkbox"/>	resilient	<input type="checkbox"/>

Influences in my network

The world is changing constantly and so are you. What you value, what you like and what interests you will change throughout your life. People and things that influence you will also change. Consider influences on your life. Some will be more important than others. Record your influences at this point in time in the space below.

Direct influences	Other influences
e.g. family members	e.g. music, media
How do they influence you?	How do they influence you?

Who do I:		
Follow?	Learn from?	Get feedback from?

Work capabilities

Reflect on your work capabilities and place yourself on the continuum from low to high.

	Low	High
Creativity	◀	▶
Critical thinking	◀	▶
Literacy	◀	▶
Numeracy	◀	▶
Digital literacy	◀	▶
Problem solving	◀	▶
Cultural responsiveness	◀	▶
Interpersonal skills and communication	◀	▶
Teamwork	◀	▶
Collaboration	◀	▶
Adaptability	◀	▶
Resilience	◀	▶
Initiative	◀	▶
Planning and organisation	◀	▶
Self management	◀	▶

Three work capabilities I will focus on developing this year	How?
1.	
2.	
3.	

Career exploration

Think of two people you admire or respect and the occupations they have. Write what you already know about their occupations in the spaces below and then go to the occupation section of myfuture for some more information and add. Access or register with myfuture - myfuture.edu.au

	Person 1	Person 2
Name		
Occupation		
Main tasks		
Work conditions		
What I like about this job		

Academic review

Use your school reports, achievement data and other feedback comments to assist you in your reflection.

Semester 1

Subjects I am studying this semester	Last year's achievement	My attitude	Predict your end of semester result
English		😊 😐 😞	
Mathematics		😊 😐 😞	
Science		😊 😐 😞	
Humanities and Social Sciences		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	

Semester 2

Subjects I am studying this semester	Last semester's achievement	My attitude	Predict your end of semester result
English		😊 😐 😞	
Mathematics		😊 😐 😞	
Science		😊 😐 😞	
Humanities and Social Sciences		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	
		😊 😐 😞	

Subjects I am best at...	Subjects I enjoy the most...	Subjects that challenge me the most...
I am doing well at these because... e.g. content, teacher, challenge, style of class, future connection...	Because...	Because...

What activities do you enjoy outside of school?	What is the connection between your school results and activities you enjoy?



Goal setting and action planning

It is important to set goals and have an action plan to help you achieve them.
You are encouraged to set one learning and one personal goal.

S

Specific

Define your goals in detail. Answer 'W' questions such as who, where, when, what and which.



M

Measurable

It means you can measure your goal and know when you've achieved it. Ask yourself 'how much' and 'how many'.



A

Achievable

It means that you are setting goals you can accomplish.



R

Relevant

It means your goal makes sense, it is worth your effort, it benefits you and meets your needs.



T

Time-bound

It means there is a timeframe for your goal. Answer 'when?' questions such as 'in one week' and 'every week'.



Acknowledgements:

Taken and adapted from <https://veryspecialtales.com/smart-goals-worksheets-examples-kids/>

Goal setting and action planning

Learning goal	
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How am I going to achieve this? Steps I will take...				
Step 1	Step 2	Step 3	Step 4	Step 5
What is my timeframe?				

Who can help me?	
Who?	How?

What might stop me?	
Barriers	Action/resolution

Goal setting and action planning

Personal goal	
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How am I going to achieve this? Steps I will take...				
Step 1	Step 2	Step 3	Step 4	Step 5
What is my timeframe?				

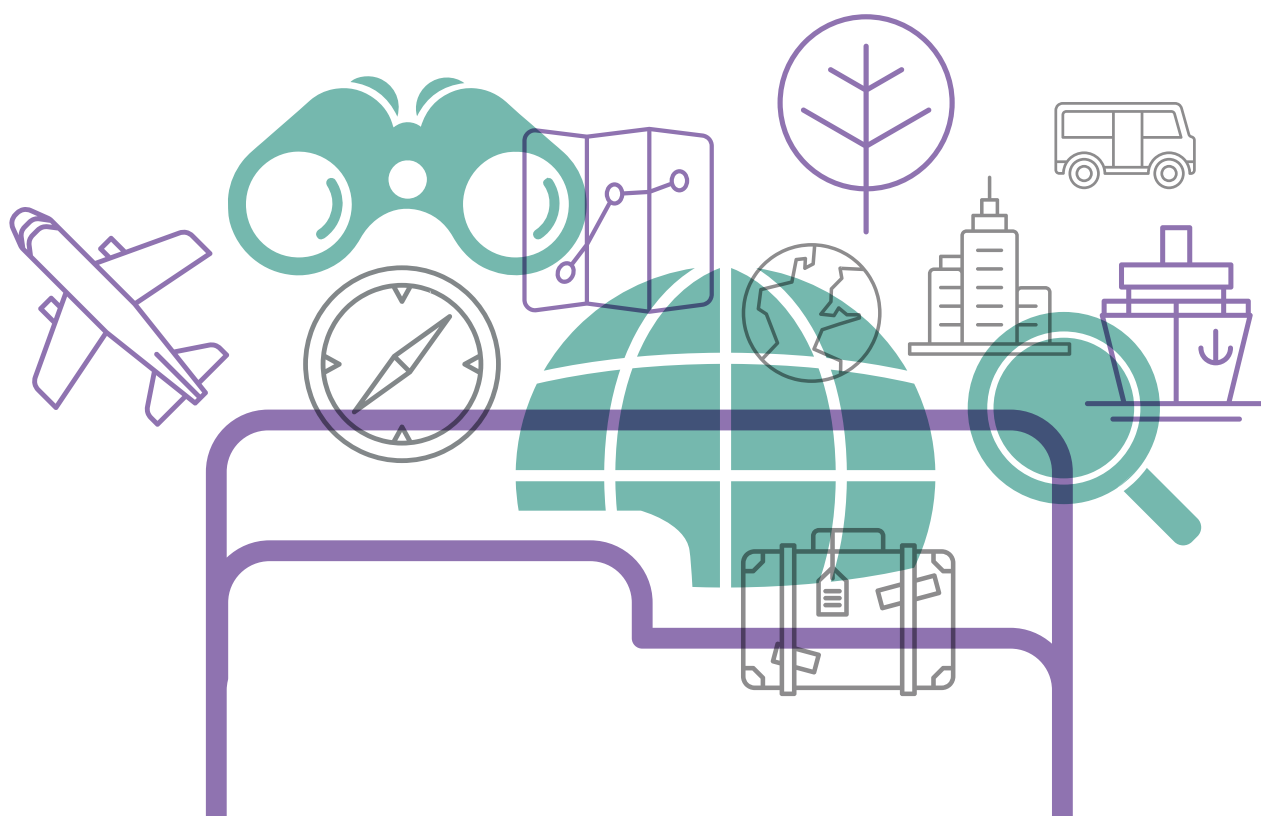
Who can help me?	
Who?	How?

What might stop me?	
Barriers	Action/resolution

My career portfolio

A career portfolio is a personal collection of materials that document learning, activities and achievements over a lifetime with everything gathered and organised in one place. A well-maintained career portfolio makes it easy to identify, and demonstrate relevant work capabilities, knowledge and experiences. It can be a collection of hard copy documents, though it is a good idea to develop a digital or e-portfolio which can include a wider range of evidence such as audio, video, images, graphics and documents.

My portfolio	Completed Yes/No	Need to follow up
Pathway plan		
School reports		
Career quizzes and activities		
Achievements – certificates, awards, photos, newsletters		
Examples of best work		
Voluntary community activities – photos or records		
Formal training (e.g. white card, RSA, first aid, coaching certificates)		



Affirmations

I believe that this pathway plan is realistic and suitable for me because...

Parent/carers suggestions and encouragement for my plan

Signature:

Date:

Helpful suggestions from teachers, career practitioners or other school staff

Signature:

Date:

Help and review

If I cannot follow my set path or change my mind about career plans, I can seek help to get back on track.

The people I should talk to are:

Student signature: _____

Date: _____



