

INDIVIDUAL  
PATHWAY PLANNING

# Year 7

**Pathway planning** helps you to explore, reflect, identify and evaluate the learning and work pathways available and recognise opportunities, make connections and prepare for transitions.



In Year 7 planning provides the opportunity for you to discover personal interests, skills, influences and abilities and to make connections between these and your environment.

## Profile

MY NAME

START DATE

OTHER NAMES I HAVE

**eg** family, nicknames, social media...

GROUPS I BELONG TO

**eg** friendship, sporting, cultural, school...

ROLES I HAVE IN THESE GROUPS

**eg** mentor, captain, goalie...





## MY RELATIONSHIPS/ MY NETWORK

Groups of people influence how you think and behave. Consider the groups you belong to listed on page 1. Place the names in the boxes below. How are you influenced by your groups? What do you learn from them? How much do they influence you?

passion  
help  
adm  
supportive

**GROUP 2**

 Rating (1=LOW, 5=HIGH) ☐

**GROUP 1**

 Rating (1=LOW, 5=HIGH) ☐

**GROUP 3**

 Rating (1=LOW, 5=HIGH) ☐

**MY GROUPS**

**GROUP 5**

 Rating (1=LOW, 5=HIGH) ☐

**GROUP 4**

 Rating (1=LOW, 5=HIGH) ☐



## PERSONAL CHARACTERISTICS

Choose some words in the cloud that best describe you. Are there others? Ask a friend, teacher, parent or someone you trust to describe you. Add more words below.

onate  
determined  
capable  
enthusiastic  
cheerful  
kind  
smart  
interesting  
trustworthy  
calm  
honest  
pplful  
mirable

### PERSONAL STYLE

Identify personal characteristics that help you succeed. Complete the character strengths survey at [www.viacharacter.org](http://www.viacharacter.org)



### ABOUT ME

**Aim to list at least three in each section.**



### ACTIVITY

MyFuture — Values/Skills/Interests Quiz  
[myfuture.edu.au](http://myfuture.edu.au)

Card sorts with discussions  
[mynextmove.org/explore/ip](http://mynextmove.org/explore/ip)

### JOBS I MAY LIKE/ENJOY

List some jobs that interest you now.

### VALUES

Values are things that you consider to be important. They help you make decisions. Values can change. What do you value now? Some of your values may come from your groups from page 2.

### SKILLS

Skills are things you have learnt List some things you either do well or enjoy.

### INTERESTS

You may have many interests. They are usually what you enjoy doing. Consider also what you do not enjoy as this gives clues to your likes.



## DIFFERENT WAYS TO LEARN

Understanding how you learn will help you to learn more easily. Mark the boxes of the descriptions you think are true about you.

- ☐ Take and organise detailed notes.
- ☐ Sit up the front of the class or group to see demonstrations.
- ☐ Like the use of charts, pictures, visuals.
- ☐ Enjoy quiet spaces with minimal distraction.
- ☐ Use repetition as a study technique.
- ☐ Enjoy discussions and opportunities to talk things through.
- ☐ Like to read aloud.
- ☐ Like to hear instructions.
- ☐ Like to read and learn from books and handouts.
- ☐ Make lists.
- ☐ Like explanations of charts, pictures and concepts.
- ☐ Prefer hands-on learning.

## ACHIEVEMENTS & CHALLENGES

List your recent achievements in either school or life. Consider how they made you feel. Identify some new goals, then complete your action plan.

### ACHIEVEMENTS



Recent achievements (school/life).



How did this make me feel?



What I would like to achieve this year.

LEARNING

SOCIAL/PERSONAL



Now complete your action plan towards these goals.





## ACTION PLANNING

Now complete an action plan for one learning and one life goal.



### LEARNING



Something I would like to achieve.



How am I going to prepare for this?



Who can help me (my support)?



What may stop me (challenges)?



By When?



### SOCIAL/PERSONAL



Something I would like to achieve.



How am I going to prepare for this?



Who can help me (my support)?



What may stop me (challenges)?



By When?



## THE WORLD OF WORK

Talk about these with your teacher or in a group.  
Indicate whether these jobs interest you. What do these jobs involve? Tasks? Location?



Really Interested



Maybe



Not interested





Consider some of these areas of learning. What skills and capabilities would you be developing? Indicate your interest in these areas.



**Really Interested**

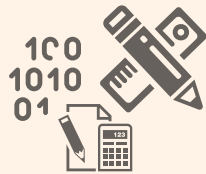


**Maybe**



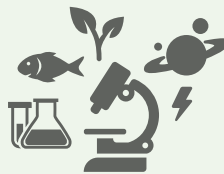
**Not interested**

## MATHEMATICS



- ☐ Measuring
- ☐ Numbers
- ☐ Making decisions using numbers

## SCIENCE



- ☐ Plants & animals
- ☐ Chemistry
- ☐ Earth & space
- ☐ Electricity
- ☐ Experiments

## HASS



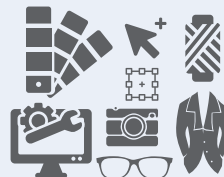
- ☐ History
- ☐ Geography
- ☐ Civics & citizenship
- ☐ Economics & Business

## ARTS



- ☐ Dance
- ☐ Drama
- ☐ Film & Photography
- ☐ Music
- ☐ Visual arts

## INFORMATION TECHNOLOGY & LITERACY



- ☐ Design & Production
- ☐ Digital Media & Web
- ☐ Coding
- ☐ Movie Making
- ☐ Creative

## HEALTH & PHYSICAL FITNESS/EDUCATION



- ☐ Food & healthy living
- ☐ Coaching
- ☐ Elite Sport
- ☐ Outdoor recreation
- ☐ Team Sports

## LANGUAGES



- ☐ Indigenous/Aboriginal
- ☐ European Languages
- ☐ Asian Languages
- ☐ Auslan
- ☐ Other

## ENGLISH



- ☐ Reading & viewing
- ☐ Speaking & listening
- ☐ Writing
- ☐ Critical Review
- ☐ Creative Stories

## METALS & ENGINEERING

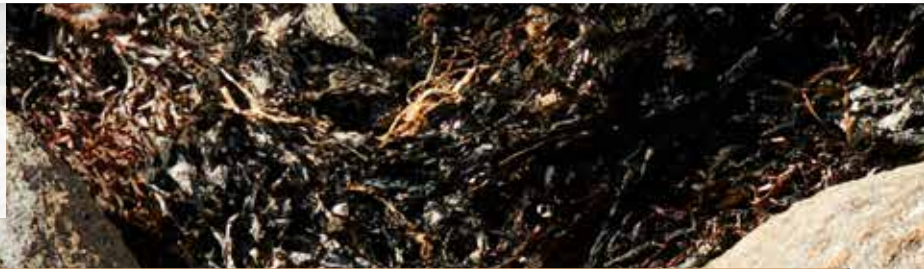


- ☐ Design & Manufacture
- ☐ Automotive & Mechanical
- ☐ Robotic Design
- ☐ 3D Printing



## MY REFLECTION & MAKING CONNECTIONS

Use your Individual Student Table or other school feedback/reports to assist you in your reflection.



Subjects I am studying or have studied	Last year's achievement	This year's achievement	My attitude 😊 😐 😞

My NAPLAN results	Last result
Reading proficiency band	
Writing proficiency band	
Numeracy proficiency band	

The subject I do best in...	The subject I enjoy the most...	The subject that challenges me the most...
I am doing well at this because...	I like it because...	This is because...
eg: Content; teacher; challenge; style of class; future connection...		





Consider your goals from page 5. How did you go?

	Achievements so far	Achieved when?	Next step...
Learning			

Social. Community. Personal.			

	What other goals do you have in place?	What is challenging me?	Next step...
Learning			

Social. Community. Personal.			

	A new goal — What else would I like to focus on?	How am I going to prepare?	What may stop me? (Barriers/challenges)	Who can help me? (Consider your networks)
Learning				

Social. Community. Personal.				

Comments

### Comments

Ask a trusted adult to provide some feedback for you.

Student Signature

Date



## MY STORY NOW

Create a photo collage to tell your story.





Consider how and where you see yourself in the future.







**Development of this Individual Pathway Planning resource has been guided and informed by the:**

Australian Blueprint for Career Development, Commonwealth of Australia, 2010

Western Australian Guidelines for Career Development and Transitions, Commonwealth of Australia, 2012

FYA (Foundation for Young Australians) (2015)  
The New Work Order: ensuring young Australians have skills and experience for the jobs of the future not the past. Foundation for Young Australians: Melbourne.

All location photography used in this booklet was shot at Western Australia's Injidup and Contos Beach.