3. Making dreams come true

# Australian blueprint for career development

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| Career Management Competency | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |

# Learning intention

Students will be able to identify their personal attributes and understand the connections between their attributes and their successes or achievements.

# Success criteria

Students can describe 3 personal attributes that may help them achieve a dream they hold.

# Resources

YouTube video: [Anh’s Brush with Fame: Michelle Payne](https://www.youtube.com/watch?v=QQ8GsB7fvwM) (23 minutes)

# Classroom organisation

* Whole class
* Small groups

# Preparation

* Please consider that this video contains sensitive content:
  + Michelle Payne lost her mum in a car accident as a child, leaving her father a single parent with 10 children. She also lost a sister in a racing accident. She speaks of these losses in this episode.
  + She speaks of the pressure and stress to be the required weight for races.
* Students should have completed Year 8 Lesson 2.
* Access to whole class viewing to watch the video.
* Sheet of paper for recording thoughts.

# Activity 1

* Revise the term **attributes**. Ask students to refer to the definition they wrote down in Lesson 2.
* Discuss the notion that attributes are not obvious. Attributes can be identified through actions and behaviours. Encourage students to think of attributes as a collective rather than singular. For example, you can be bold and funny, courageous and creative.
* Introduce students to each of the attributes listed below. Check for general understanding.

|  |  |  |  |
| --- | --- | --- | --- |
| persistent | driven | courageous | compassionate |
| generous | **outgoing** | **likeable** | **sincere** |
| determined | **original** | **motivated** | **cooperative** |

* Explain that they are going to watch an episode of *Anh’s Brush with Fame* where he interviews and paints Michelle Payne. She created history by becoming the first female jockey to win the Melbourne Cup. Anh is a painter, and he likes to engage with the people he is painting to learn more about their personality and their characteristics.
* Pair students before watching the clip. Ask students to pay particular attention to the attributes Michelle Payne displays.
* Watch [Anh's Brush with Fame](https://www.youtube.com/watch?v=QQ8GsB7fvwM) with Michelle Payne.
* Each pair discusses and identifies 5 attributes they believe that Michelle Payne displayed.

# Activity 2

* Each pair shares and responses are recorded on the board in tally form. The class looks for commonalities.
* Students are asked to reflect on their list of 5 attributes, negotiate as a pair, and identify the 3 they believe had the **most impact** on Michelle Payne’s success at becoming a Melbourne Cup winner. Pairs should be prepared to justify their choices.
* Pairs again respond with top 3 attributes and teacher records.
* Identify the top 3 as decided by the class.

# Reflection

In the video Michelle says she had a dream when she was 5 that she wanted to win the Melbourne Cup. Students identify a dream they hold for their future and record which attributes discussed in this lesson they believe may help them to be successful in achieving it.